



**Solutions for Change**

*Suncoast  
Center*

4024 Central Avenue  
St. Petersburg, FL 33711  
Phone: 727-327-7656  
Fax: 727-323-8978  
TDD: 727-328-6553

## **Adult Services at Suncoast Center**

(Updated 5/6/2009)

- [Assertive Community Treatment](#)
- [Case Management](#)
- [Employment Services](#)
- [Intervention and Outreach Services](#)
- [Outpatient Programs](#)
- [Social Support Services](#)

---

### **Assertive Community Treatment** [\(back to top\)](#)

#### **Forensic Florida Assertive Community Treatment (FACT) Team:**

The Forensic FACT Team provides highly individualized, long-term, intensive, assertive community treatment that includes community-based treatment, rehabilitation, and support services. Services are provided to adults over the age of 18 who are diagnosed with a mental illness and have a valid Chapter 916, Florida Statutes conditional release order. Specifically, the Forensic FACT Team provides psychopharmacologic treatment; individual therapy; crisis assessment and intervention; substance abuse treatment; work related services; support in activities of daily living; social, interpersonal relationship and leisure time training and support; assistance with securing safe, decent and affordable living arrangements; case management services; education, support and consultation to the person's family and significant others; competency training; and support and advocacy through the legal system.

### **Case Management** [\(back to top\)](#)

#### **Comprehensive Community Services Team (CCST):**

Through the Comprehensive Community Services Team (CCST), Suncoast Center for Community Mental Health, Inc. provides targeted case management services, intensive case management services, short-term case management services, forensic specialist services, conditional release case management services, housing services, and community integration.

#### ***Adult Case Management***

Adult Case Management services are designed to provide continuity of care and improve recovery and quality of life to priority individuals age 18 or over diagnosed with a severe mental illness. The focus of services centers on recovery as a continual commitment to cope with psychiatric disabilities; overcome setbacks; make productive choices and reclaim one's quality of life. Primary Case Management functions are Assessment, Planning, Linking, Monitoring, and Advocating.

#### ***Intensive Case Management***

Intensive Case Management (ICM) provides services to individuals 18 years of age and older, who are diagnosed with a severe mental illness. These individuals have been discharged from a state mental health hospital, have had several local hospitalizations within a short period of time, or reside in the community but exhibit behavior or symptomology that could result in

long term hospitalization if frequent interventions are not provided. Services are provided weekly and include supporting, advocacy, monitoring, assessing, planning, linking and brokering on the individual's behalf with outside resources such as; residential placement, employment services and medical and psychiatric appointments.

### ***Short-Term Case Management***

Short-term case management is defined as services for less than 30 days. Referrals for short-term case management mostly come from the medical providers or therapists who work within the Adult Outpatient Program. Short-term case management services are offered to individuals who have acute needs, who are at risk of hospitalization or have been discharged from a hospital. "At risk of hospitalization" could relate to many things: issues relating to housing; linkage with basic necessities such as food, or assistance with getting utilities paid; basically any psychosocial stressor that may exacerbate a person's symptoms and result in a hospitalization. The service expires after 30 days. If at the end of 30 days the person's needs have not been met, then the case manager will refer the person to the appropriate service provider.

## **Employment Services** [\(back to top\)](#)

### **Vincent House:**

Vincent House is a vocational and social recovery program for adults with mental illnesses. The program is an International Center for Clubhouse Development (ICCD) certified clubhouse. Suncoast Center provides this service via a subcontract with Van Gogh's Palette, Inc. Persons recovering from mental illnesses are able to relearn vocational and social skills by participating in a training program known as the "work-ordered day." Persons that choose to participate in the clubhouse are able to perform certain duties in either of the work units; the food service unit, the business unit or the employment unit as a way to relearn how to interact with other people and how to complete work related tasks, thus learning work skills.

## **Intervention and Outreach Services** [\(back to top\)](#)

### **Focused Outreach and Intervention Program:**

The Focused Outreach and Intervention Program is a jail diversion and transition program operating at several county locations to provide services more readily accessible to our clients. The program's outreach efforts occur at the Pinellas County Jail and at program offices located in north and south Pinellas County. The client is linked to continued treatment services in either north or south county depending on residency. The program is funded by the Department of Children and Families.

The program provides ongoing mental health and substance abuse needs assessment; negotiation and advocacy on behalf of the individual with the court and other legal systems; supportive case management and treatment; psychiatric and psychopharmacological treatment with the provision of psychotropic medications; integrated substance abuse and mental health individual and psycho-educational group therapy; and referral services linking individuals to community resources, benefits and entitlements.

### **Homeless Outreach Support Team:**

The HOST Program is decentralized, with clinicians located in local shelters, soup kitchens, and transitional housing projects where they identify homeless individuals who need treatment. The HOST Program provides short-term (6 months) mental health and substance abuse intervention and case management services to help homeless individuals engage into treatment services, assist them with stabilizing mental health and substance use problems, and link to needed continuing care and other entitlements and benefits.

### **Homeless Supportive Services:**

Homeless Supportive Services Program is decentralized and places clinicians in local shelters and housing projects to identify and assist homeless individuals who are without resources for treatment to continue their efforts in recovery. Program services are available to the client for the duration of demonstrated need and provide both supportive services and clinical counseling addressing mental health and co-occurring mental health and substance use disorders issues.

### **Forensic Intervention:**

This program is designed to offer services to individuals who have been adjudicated incompetent to

proceed to trial (ITP), or not guilty by reason of insanity (NGI), F.S. 916. There are two components to the program: Competency Restoration and NGI Intervention. These components are described below:

### ***Competency Restoration***

Competency Restoration provides assistance to people who have been found ITP learn the basics of the legal system in an effort to have them re-evaluated as competent. The competency program offers individual or group training with a forensic trainer in the home, in jail, in the hospital, or at the Suncoast Center main office building. The competency program utilizes a competency restoration training curriculum, as well as Team Solutions, an evidence-based model designed to help individuals better understand how to manage their illness.

### ***The NGI Intervention***

The NGI Intervention piece of the program works with people who have been found NGI. It provides psycho-educational and stress/time management training, and reviews the conditions of the conditional release order. The program offers individual, or group training with a forensic trainer in the home, in jail, in the hospital, or at the Suncoast Center main office building. People found NGI are offered groups and training to support them in their effort to stay in the community, encourage adherence to the conditions of their release, and support behaviors that will keep them free of further legal involvement. NGI Intervention provides similar training to that received in the state hospital and also incorporates the Team Solutions model for psycho-education, illness management and recovery, and stress/anger management.

Each individual's progress is forwarded to the courts, in an attempt to reduce the amount of time spent on conditional release.

## **Outpatient Programs** [\(back to top\)](#)

### **Adult Outpatient (AOP):**

The Adult Outpatient Program provides an array of medical and non-medical mental health treatment. Medical treatment includes: psychiatric evaluation; medication management; consultation; laboratory services related to medication management; a medication line; and open access groups during office hours in response to urgent concerns regarding medications. Non-medical treatment services include: integrated mental health and substance use treatment, biopsychosocial assessment, treatment planning, individual therapy, group therapy, crisis intervention, education, family support, psychosocial rehabilitation services, and referral services. The treatment approaches are recovery-oriented and focused on individual strengths and resources.

## **Social Support Services** [\(back to top\)](#)

### **Wellness & Recovery Center (WRC):**

The Wellness and Recovery Center is open to anyone recovering from a mental illness. The Center is designed as a peer-driven, peer-supported program that promotes recovery and resiliency, alleviates stigma, increases valuable networks and relationships, and enlists meaningful use of time. The Center provides an array of services including: a warm line; peer-to-peer support groups; Wellness Recovery Action Planning groups (WRAP); supportive employment and education services; employment workshops and fairs; volunteer opportunities and promotion of community volunteer opportunities; family psycho-educational workshops; wellness groups; spiritual support/wellness; GED classes; dual recovery support groups; opportunity to staff and operate the internal household goods and clothing exchange shop; social event planning; a peer network; and life coaching opportunities. The Wellness and Recovery Center offers opportunities to our clients, their family members, and our community.

**For more information on any of our programs please call 727-327-7656**